

Have Coffee.

Will Travel.

TOBYHANNA ARMY DEPOT

Travel Fair

16 April 15

0900-1300 Hours

Local, regional and national vendors will be here to share their organizations information with you.

Get a kick start on your summer plans at the annual Travel Fair!

Includes:

MWR raffle, live DJ, food, refreshments, giveaways and more to be announced

POC: 570-615-5782 / 8302



Complete Guide to Army Community Service at Tobyhanna Army Depot



March April 2015 Edition



Army Community Service Facility Hours

Army Community Service (ACS)


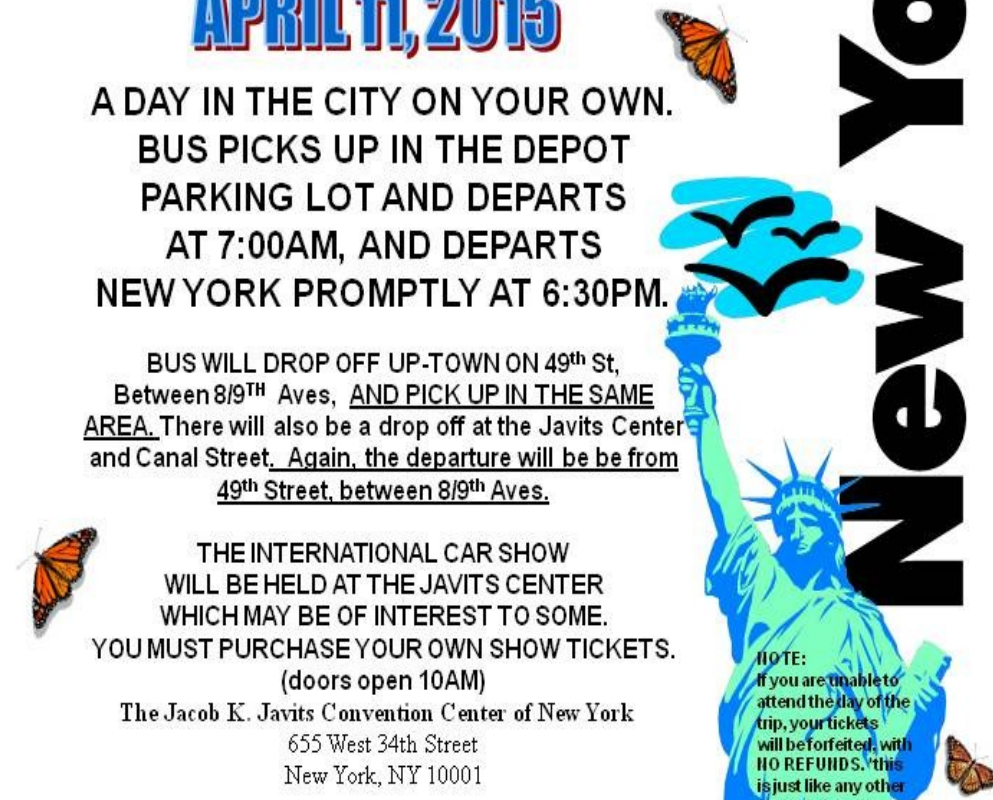


Monday-Friday 0700 - 1630 hours
(570) 615-8374 Building 337



**I WANT YOU
TO USE ACS!**

The Army Community Service (ACS) center is a resource haven for service members, Family members and DoD civilians. The many programs offered within are designed to enhance and directly deal with quality of life issues and needs.

Our mission is to assist Commanders in maintaining readiness of individuals, families and communities within America's Army by developing, coordinating and delivering services which promote self-reliance, resiliency and stability during war and peace.



NEW YORK ON YOUR OWN SHOPPING & INTERNATIONAL CAR SHOW BUSTRIIP, NEW YORK CITY APRIL 11, 2015

A DAY IN THE CITY ON YOUR OWN.
BUS PICKS UP IN THE DEPOT
PARKING LOT AND DEPARTS
AT 7:00AM, AND DEPARTS
NEW YORK PROMPTLY AT 6:30PM.

BUS WILL DROP OFF UP-TOWN ON 49th St,
Between 8/9th Aves, AND PICK UP IN THE SAME
AREA. There will also be a drop off at the Javits Center
and Canal Street. Again, the departure will be from
49th Street, between 8/9th Aves.

THE INTERNATIONAL CAR SHOW
WILL BE HELD AT THE JAVITS CENTER
WHICH MAY BE OF INTEREST TO SOME.
YOU MUST PURCHASE YOUR OWN SHOW TICKETS.
(doors open 10AM)
The Jacob K. Javits Convention Center of New York
655 West 34th Street
New York, NY 10001

Cost is \$25.00 PER PERSON
FOR RESERVATIONS AND PAYMENT,
CONTACT THE ONE-STOP-SHOP, Bldg 11,
LOCATED IN THE CAFETERIA.
PAYMENT IS DUE AT TIME OF RESERVATION!
Sponsored by the Civilian Welfare Fund

NOTE:
If you are unable to
attend the day of the
trip, your tickets
will be forfeited, with
NO REFUNDS. This
is just like any other
show or concert. If
you don't go there
are no refunds.
Refunds must be
requested 2 weeks
prior to event.

New York

Tobyhanna Army Depot's

Barber Shop

Is Now Open!

Tuesday 10 am to 5 pm

Wednesday 10 am to 5 pm

Thursday 10 am to 5 pm

Friday 10 am to 4:30 pm

Shop will close every other Friday

Walk-ins welcome!

Cuts for men, women & children



*Contact Luis Gonzalez for more information
570-615-7695 Building 334 (PX)*



Keys To Understanding Autism

According to experts, the first key to understanding autism is to recognize that it profoundly alters how a person perceives the world.

“You could think of a person with autism as having an imbalanced set of senses. Some senses may be turned up too high and some turned down too low. As a result, the data that comes in tends to be distorted, and it’s very hard to perceive a person’s environment accurately.”

“People who don’t have autism – sometimes called “neurotypicals” – are naturally good at filtering out what doesn’t matter. Their senses work in unison to focus on what’s relevant. “When an average person walks into a roomful of people, he notices who they are and what they are doing, and figures out how he fits in.”

“But when a person with autism walks into the room, he notices things that aren’t as relevant – the sound coming from outside the window, a pattern in the carpet, a flickering light bulb.” “He’s missing out on the relevant details that would help him understand the situation.

So for him, the world is a lot more confusing.”

R. Morgan Griffin (2014) “*What It's Like to Have Autism*,” WebMD; LLC



NEWCOMER'S ORIENTATION

What:

Would you like to know about what services Tobyhanna Army Depot provides and where you can find them? Then sign up for the Newcomers Orientation today. This is an hour long orientation that is followed by a guided depot tour.

Who:

Active duty, military retirees, depot employees, and immediate family members are encouraged to sign up for this program.

Where:

ACS, Building 337

When:

2nd Tuesday of each month 1000 – 1200 hours.

The dates for Mar - May 2015 are:

10 Mar 15, 14 April 15 and 12 May 15

Please register for this program no later than the Friday before the scheduled date of the orientation you would like to attend. Call the Relocation Office at 570-615-6682.



BOOK FAIR DATES 2015

0900-1500

April 1st - CANCELED
April 2nd in Café 4.

May 27th in Café 2.
May 28th in Café 4.

September 16th in Café 2.
September 17th in Café 4.

November 18th in Café 2.
November 19th in Café 4.

December 9th in Café 2.
December 10th in Café 4.



POC: One Stop Shop X58851





MOHEGAN SUN ARENA PRESENTS

Ringling Bros. & Barnum & Bailey



*Saturday,
28 March 2015 at
1700 hours*

On sale at the One Stop Shop for

\$21.50 Each!

Under 2 years old is FREE

***Tickets available at the
One Stop Shop
(570) 615-8851***

Ringling Bros. and Barnum & Bailey will be showcasing wonders from the marvelous to the magnificent, every day is extraordinary in this action-packed super circus, filled with superhuman athleticism, power and pageantry that will have children of all ages discovering their own superhuman strength. Amazing Asian elephants, horses, camels and more alongside astonishing acrobats, awe-inspiring aerialists and some over-the-top clowns that will have audiences in stitches... of laughter of course! Come join us in celebrating the bravery, courage and honor that lives inside all of us at Ringling Bros.



Hearts Apart Waiting Families Support Group

Hearts Apart/Waiting Families is a support service to families, military members, and civilians on the installation and in the surrounding community who are living separately from their military or civilian sponsor and family due to mission requirements: for example, unaccompanied tours, deployment, and extended temporary duty.

The Hearts Apart/Waiting Families Support Group holds their meeting each month in the Army Community Service Center, bldg 337. **The group meets from 1700 to 1900.** Different mini-presentations are presented each month covering topics, such as: stress, deployment, surviving the holidays, reunion and homecoming, etc.

A light dinner will be served.

If you are a waiting Family member or Service member who has gone through separation, are currently separated, or will be separated due to mission requirements, please call to sign up and come experience the encouragement of friendship and exchange of information this group provides.

MEETING DATE	RSVP NO LATER THAN
Monday, 23 Mar 15	Thursday, 19 Mar 15
Monday, 27 Apr 15	Thursday, 23 Apr 15
Monday, 18 May 15	Thursday, 14 May 15
Monday, 22 Jun 15	Thursday, 18 Jun 15

Parent Participation Program: If you have a child/children registered at Child, Youth and School (CYS) Services, you can earn **2 points** toward your 10% discount, by attending this event. Remember that points are non-transferrable.

FOR MORE INFORMATION OR TO SIGN UP, PLEASE CALL
570-615-6682 or email:
usarmy.tyad.usamc.mbx.acs@mail.mil



SURVIVOR OUTREACH SERVICES

Losing a loved one is one of the most difficult times anyone can experience. Survivor Outreach Services (SOS) connects you with people who can help you find strength and move forward. We understand that new issues and questions may arise long after the Casualty Assistance Office (CAO) has concluded his or her services. SOS demonstrates the Army's commitment to Families.

Your SOS Coordinators will:

- Provide expertise on State and Federal Survivor benefits.
- Work closely with the CAO to provide guidance and assistance to the Family in regards to benefits, entitlements and local resources.
- Arrange for estate and financial advice when requested.
- Educate the military Command, community social services and support agencies of the needs of our military Survivors.
- Form networks and support groups so Survivors will have peer support readily available.

Apply and Interview for Jobs- Start early each day, bringing along all your materials, and apply to as many places as you like. Always wear appropriate (meaning conservative) clothing when applying for jobs because you never know when the manager might be there and want to interview you on the spot – and always be polite (including using "please" and "thank you." You may also want to consider removing excess piercings and jewelry, as well as focus on good grooming and hygiene. In the interview, remember to smile, maintain good eye contact, be confident, and tell how you will be a good employee.

Be Prepared for Competition – and Rejection- You may face a lot of competition – and not just from other teens. College students and retired folks returning to the workforce have taken many jobs that traditionally went to teens. Job openings may not be as plentiful as in the past, so start your job -search with an open mind because there are no job guarantees.

Complete Follow-Up and Thank-You Notes- Once you've applied for a job, keep following up on the status of your application. Be professional and ask each employer if they have all the information they need to make a decision about your application. Always send a thank-you note after each job interview; the thank-you itself won't get you the job, but it may be just enough to push your application to the top of the pile.

Get and Accept the Job Offer – and Make a Plan to Shine- After the applications and the interviews, ideally you'll be offered at least one job. Assuming the job is something you want to do – and can do – then accept the offer. Starting with your first day on the job, be committed to being one of the best employees at work – striving to always do your best, including showing up on time and leaving only when your shift is over. .

One final piece of advice. If you really want a job, you will need to be persistent. Always ask if the manager is available when you go to complete a job application and/or drop off your resume. If the manager is not available, ask when he or she might be later in the day or week. Keep following up until you are told there are no positions or that they are not interested in hiring you.



Teen Job Seeker Employment Tips

Finding and obtaining your first real job is a rite of passage for most teens. It's an exciting and scary experience, but one that will serve you well -- both for the money you earn and for the lessons you learn.

Gather the Necessary Information-You'll need your social security card (not just your number) and a driver's license, passport, or photo identification. Depending on your age and your state, you may need other items, such as a work permit (which needs to be signed by a parent or guardian). Check with your school's guidance counselor about the information you'll need.

Put Together a Resume- Job-hunting is all about perceptions and standing out from the crowd, presenting a nicely formatted resume to prospective employers can give your application an edge.

Plan Your Wardrobe- ditch trendy clothing and opt for a few nice, conservative outfits. Dress for success for teens is not as formal as for adults, but looking the part -- and making a good first impression with a hiring manager -- is essential to getting a job.

Develop a Job-Search Strategy- Conduct research to determine the best type of jobs for you. Typical teen jobs can be found working in fast food, grocery stores and other retailers, childcare facilities, community programs, camps, resorts, hotels, and business offices.

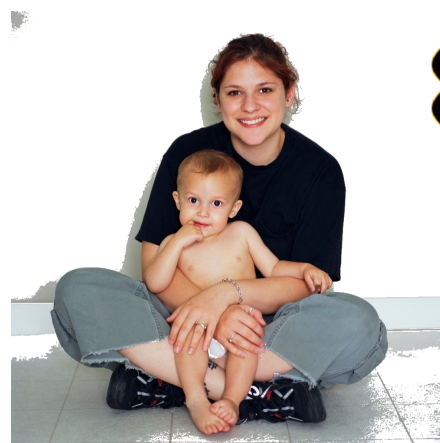
Practice Your Pitch— A key to success for any job-seeker is being able to clearly articulate why you are the best candidate for a job. Practice what you'll say to convey your strengths to the employer.

Spread the Word— Use any adult personal contacts you have to increase your chances for an interview or job offer. Often if someone can vouch for your employability you'll have greater success. This technique is called networking -- the most powerful tool for finding a new job.

- Connect Survivors with appropriate mental health support/counseling as requested.
- Supply Survivors with resources and referrals for:
 1. Peer Support
 2. Bereavement counseling
 3. Emergency Financial Services
 4. Military Legal Assistance
 5. TRICARE
 6. Educational Benefits
 7. Obtaining Reports
 8. Benefits Assistance

The Army is committed to meeting your needs through this program.

The SOS Coordinator can be reached at (570) 615-8374





Army Emergency Relief News Release



Soldiers Helping Soldiers

Army Emergency Relief Kicks Off 2015 Campaign – “Making a Difference”

ALEXANDRIA, Va., March 1, 2015 – Army Emergency Relief (AER) announced the 2015 campaign theme, *Army Emergency Relief – Making a Difference*. The campaign runs from March 1st through May 15th with the goal of creating greater awareness of the benefits of AER as well as providing Soldiers the opportunity to donate to their fellow Soldiers.

“Making a difference is a great theme at many levels for this year’s campaign,” said AER’s Director, retired Army LTG Robert Foley. “For leaders it provides incentive for creating an environment that encourages Soldiers to embrace AER when faced with an unexpected financial emergency. For Soldiers it provides reinforcement that AER will always be there when needed for financial assistance.”

Army Emergency Relief is a private non-profit organization dedicated to providing financial assistance to Soldiers, active and retired, and their Families. Since it was founded in 1942, AER has provided more than \$1.7 billion to more than 3.6 million Soldiers, Families and Retirees. Last year AER provided nearly \$74 million dollars in assistance to more than 51,000 Soldiers and Families which includes \$8.8 million for 3,500 scholarships to Spouses and Children of Soldiers.

Soldiers needing AER assistance can either contact their unit Chain of Command or go directly to one of the 78 AER sections at their nearest Army installation. Additionally, AER has reciprocal agreements in place with the other military aid societies. Soldiers and Families not near an Army installation can also receive AER assistance at the nearest Air Force, Navy, Marine Corps or Coast Guard installation with the respective Military Aid Society, or from the American Red Cross call center at 877-272-7337. Additional program information is available at www.aerhq.org.

For more information contact Guy Shields at guy.shields@erhq.org or 703-325-1692.
Follow AER on Facebook: [AER HQ Facebook Page](#)



VOLUNTEER APPRECIATION WEEK • APRIL 12-18



ARMYVOLUNTEERS

“HANDS THAT SERVE, HEARTS THAT CARE.”

Make a difference in your community – Volunteer!
Learn about opportunities near you | myarmyonesource.com



Mock Interview Day

...because winging it is so outdated!



- A day devoted to interview prep!
- Understand the meaning and proper responses to interview questions
- Get immediate feedback and advice on your interviewing skills
- 30 minute sessions, pre-registration required

10 Mar 15 ACS, Bldg 337

0830-1600

Call 570 615-8887 today, to schedule your session!



TAX SERVICES



You could pay for financial counseling and tax consultations or tax software, but why?

Military OneSource provides confidential tax consultations and tax preparation and filing software at no cost.

Military OneSource offers valuable tools and information to ease your tax-time worries with tax preparation and electronic filing services provided at no cost to eligible service members and their families.

Highlights

- ✓ **No-cost tax preparation and filing services** for eligible service members and their families to complete and electronically file their federal and up to three state tax returns with the support and experience of tax experts
- ✓ **Specialized support** from a Military OneSource tax consultant, helping service members and their families understand the unique tax requirements related to military personnel, maximize their refunds and complete the proper tax forms
- ✓ **Assistance** with finding additional tax resources available to the military community, such as the Volunteer Income Tax Assistance program
- ✓ **Helpful articles** on the Military OneSource tax services page, such as "Tax Filing Made Simple for Service Members and Their Families," "Filing Taxes When a Service Member Is Deployed" and "11 Tips for Making the Most of Your Tax Refund"
- ✓ **Financial counseling**, in addition to tax consultation services, is available in person or over the phone, regarding financial issues, such as budgeting, money management and debt consolidation



Call. 800-342-9647

Click. MilitaryOneSource.mil

Connect. 24/7



Get started on a stress-free tax season this year. Check out Military OneSource tax services today.





Today's Tax Tip

Before filing your return, review it to make sure it is correct and complete.

The following checklist may help you to avoid common errors:

Did you consider filing your tax return electronically? By electronically filing your tax return, many common errors may be avoided or corrected by the computer software. Depending on your income, you may even qualify to e-file for free by using [IRS Free File](#).

Did you clearly print your name, Social Security number, and address, including ZIP code directly on your return? Note that if you are married but filing a separate return, do not include your spouse's name in the Name, Address and Social Security Number field on the return.

Did you enter the names and Social Security numbers for yourself, your spouse, your dependents, and qualifying children for earned income credit or child tax credit, exactly as they appear on the Social Security cards? If there have been any name changes be sure to contact the Social Security Administration at www.ssa.gov or call at 800-772-1213.

Did you check only one filing status?

Did you check the appropriate exemption boxes and enter the names and Social Security numbers exactly as they appear on the Social Security cards for all of the dependents claimed? Is the total number of exemptions entered?

Did you enter income, deductions and credits on the correct lines and are the totals correct?

If you show a negative amount on your return, did you put brackets around it?

If you are taking the standard deduction and checked any box indicating either you or your spouse were age 65 or older or blind, did you find the correct standard deduction using the worksheet in the Form 1040 Instructions or the Form 1040A Instructions?



ENLISTED SPOUSE SERIES

Recruiter Spouse Seminar



28 Mar 15 from 1000-1400
Tobyhanna Army Depot
Army Community Service, Bldg 337

Experience Success as a Recruiter Spouse!

Share experiences in a supportive environment

Gain greater insight and best practices

Understand expectations & challenges of Recruiter Duty

Complimentary lunch provided

A minimum class size of 5 is required to proceed

RSVP by 23 Mar 15

Call (570) 615-8887 or

Email: usarmy.tyad.usamc.mbx.acs@mail.mil



Military Spouse Appreciation

Tobyhanna Army Depot
13 May 15
The Landing
1000-1300

*Complimentary spa
treatments, health & wellness
consultations, lunch and more!

Spa Day

RSVP your attendance by 6 May.
Call (570) 615-8887 or
email: usarmy.tyad.usamc.mbx.acs@mail.mil

Complementary Childcare: CYSS Registration & childcare is free with confirmed reservations.
Pre-registration: <https://webtrac.mwr.army.mil/WEBTRAC/TOBYHANNACYMS.HTML>, or call 570-615-6559.

Advanced notice (2 weeks), required to register. Make contact today to secure childcare!



Did you figure the tax correctly? If you used the tax tables, did you use the correct column for your filing status?

Did you sign and date the return? If it is a joint return, did your spouse also sign and date the return?

Do you have a Form W-2 from each of your employers and did you attach Copy B of each to your return? File only one return, even if you have more than one job. Combine the wages and withholdings from all Form W-2s, on one return.

Did you attach each Form 1099-R that shows federal tax was withheld?

Did you attach all other necessary schedules and forms in sequence number order shown in the upper right-hand corner?

Did you use the correct mailing address from your tax form instructions?

Did you use a postage stamp on the envelope?

If you owe tax, did you enclose a check or money order made payable to the "United States Treasury" with the return and include your name, address, Social Security number, daytime telephone number, tax form and tax year on the payment?

If you are due a refund and requested direct deposit did you check your financial institution routing and account numbers?

Did you make a copy of the signed return and all schedules for your records?

Information provided by Military OneSource. This information is for informational purposes only and should not be treated as legal, financial or tax advice. For assistance with Budget Counseling, please contact the Financial Readiness Program at (570) 615-6682.



Exceptional Family Member Program (EFMP)



Awareness *Keys to Understanding Autism Symptoms*

According to experts, the first key to understanding autism is to recognize that it profoundly alters how a person perceives the world.

"You could think of a person with autism as having an imbalanced set of senses. Some senses may be turned up too high and some turned down too low. As a result, the data that comes in tends to be distorted, and it's very hard to perceive a person's environment accurately."

"People who don't have autism -- sometimes called 'neurotypicals' -- are naturally good at filtering out what doesn't matter. Their senses work in unison to focus on what's relevant. "When an average person walks into a roomful of people, he notices who they are and what they are doing, and figures out how he fits in."

"But when a person with autism walks into the room, he notices things that aren't as relevant -- the sound coming from outside the window, a pattern in the carpet, a flickering light bulb." "He's missing out on the relevant details that would help him understand the situation. So for him, the world is a lot more confusing."

R. Morgan Griffin (2014) "*What It's Like to Have Autism*," WebMD; LLC

For more information, please contact the EFMP Office

570-615-7509

AFTB PRESENTS



SMART GIRLS



MAKE GREAT FRIENDS!

GF
BF



Call 570-615-6559, Middle School & Teen (MST) program today to sign up!

MST is **FREE** to all military and depot youth (friends and family) grades 6th—12th

27 May 2015
Time: 1730 - 1830
MST Bldg 227
RSVP NLT
20 Mar 15

Smart Girls, Make Great Friends explores how girls can develop healthy friend and romantic relationships. Girls will discover what's important to them, to successfully forge a lifetime of healthy friendship bonds!

